http://r20.rs6.net/on.jsp?a=1011304302239&r=3&c=36f7cd50-9e0a-11e6-9489-d4ae52754aa9&d=1134603208623&ch=370561e0-9e0a-11e6-9489-d4ae52754aa9&ca=3351a748-461e-460a-b5e5-0f2567f5067a&o=https://imgssl.constantcontact.com/ui/images1/s.gif

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| |  |  | | --- | --- | | |  | | --- | | **[https://files.constantcontact.com/f960f667be/b9c381cf-b800-4880-9e9a-e3ba487a894d.jpg](http://r20.rs6.net/tn.jsp?f=0018d7IBNhsGpwA4kjMSb6-730eKZb9cKxo9zE-F-Z1leaRYcQtcEfAADcY4H8r4v3VZu0w2mprfqOKkIfjGMYMQ4DaLE4t4Xznhu-k-sG1ZBBSod-LBR2sGntNztj-uDBd2HpsiRxMZqJsOIaZWwBswwI9jCJGAh24V5JmFJYwLXfX8G75re9mEA==&c=a_lWWu9vSh35WXObeT7GWV0ZTVN3c1RNglYNFLs6nPW4tTLL2n_VZQ==&ch=x37v3TbeR0yU9CiicQS4Lg-R1SkGjlNzSOG1-AEABXqaJvAKrinD4Q==)** | | | |  |  |  | | --- | --- | --- | |  | | | | http://img.constantcontact.com/letters/images/spacer.gif | |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  | | --- | | [August 2020](http://r20.rs6.net/tn.jsp?f=0018d7IBNhsGpwA4kjMSb6-730eKZb9cKxo9zE-F-Z1leaRYcQtcEfAAFbyzgBueXL3KSuuItgK6_9IylqqL7NFrf5ImvFwXGDeQtm0p2uJ83KFomD5d54vl2J9vGyN1B4BK0gGMlbypT-3NIGMNvAl2t92C1lUTnXAzJIlbkFqLkJUnaYdIspxO3e4zEXswi54&c=a_lWWu9vSh35WXObeT7GWV0ZTVN3c1RNglYNFLs6nPW4tTLL2n_VZQ==&ch=x37v3TbeR0yU9CiicQS4Lg-R1SkGjlNzSOG1-AEABXqaJvAKrinD4Q==) |  |  | | --- | | https://files.constantcontact.com/f960f667be/59de2016-56aa-4c1c-978f-a1d4f420fdba.jpg  **There's never been a more important time to advocate on behalf of older people, individuals with disabilities, caregivers, and families--with Congress and others who are there to serve them. Learn why in this month's AgeWise King County e-zine.** |  |  | | --- | |  |  |  | | --- | | **IN THIS ISSUE:**   * [Federal Advocacy Needed Now More Than Ever](http://r20.rs6.net/tn.jsp?f=0018d7IBNhsGpwA4kjMSb6-730eKZb9cKxo9zE-F-Z1leaRYcQtcEfAAC01TpcenreM21pMxQDueOtunWBHML6iHJ3OmzVHTP03AlN2gyDSgjOOd-qoaSx4qoEnjFi-blEJiqm95aIe4UBnK7i0BEImahNh7eDxa5I3CfYGphEVyyUW-RPbIFzvve8A7miED9Sr38-xWrWwEW8Pgkeb2BMssA5p_AhBE9aArIc8_fAD93QN_wMDzAccUhiUUlgSE0396Aaee389hCcW0UxGxfd0wa_LdCMJ9D3ivXP4xS7HCFfLFug-mi-gCg==&c=a_lWWu9vSh35WXObeT7GWV0ZTVN3c1RNglYNFLs6nPW4tTLL2n_VZQ==&ch=x37v3TbeR0yU9CiicQS4Lg-R1SkGjlNzSOG1-AEABXqaJvAKrinD4Q==) * [Stories from the Front Lines at Aging and Disability Services](http://r20.rs6.net/tn.jsp?f=0018d7IBNhsGpwA4kjMSb6-730eKZb9cKxo9zE-F-Z1leaRYcQtcEfAAC01TpcenreMnobza9qcaXUjmJNq7uwpXijaqdc5nBCG9aaUqktxLj74M5sYhPuE-vgmQ8mV57kDjynM616f9OhPJKgVqpTCMs6FnLnyLp0eKv1LVz5uxd0QYxJXMmdEVaLIrlIjAa1ypvNZg9qUlYcUUoeLox-l2sCKlN4bR6NDQqQqf3OQqdQmmd5EJHHTb9dowl4StNt-a5MASxKfvq113BVHGrowxQn_4h-t8jt7y-D0apkI-9ESTh2GD8dzHYxajqUXq8YdCJZzFVrUc1YPMX9kra1mFA==&c=a_lWWu9vSh35WXObeT7GWV0ZTVN3c1RNglYNFLs6nPW4tTLL2n_VZQ==&ch=x37v3TbeR0yU9CiicQS4Lg-R1SkGjlNzSOG1-AEABXqaJvAKrinD4Q==) * [Getting Healthcare During COVID-19](http://r20.rs6.net/tn.jsp?f=0018d7IBNhsGpwA4kjMSb6-730eKZb9cKxo9zE-F-Z1leaRYcQtcEfAAC01TpcenreMtTRG_srICkxBTIrAWwya4U-bQpH6KJUpfSt-7p8kdfr-OEUY0-FJr_1RljAFB6zsjRcRIvM_wAAa85WIPCmKIMzwXP17zkXz3WkHSGwZzEZxTotXb8sM09HOCuO9czrviG34JVpHVxA7gE-jdw_DmhGyjxegrITpalxZgRiqvEQPRpCJ6RVjTnxY0XgdYX7ts44eVSiO7u5GefY9jCce4o3HGNIQK-hU_lHHCSJKOPw=&c=a_lWWu9vSh35WXObeT7GWV0ZTVN3c1RNglYNFLs6nPW4tTLL2n_VZQ==&ch=x37v3TbeR0yU9CiicQS4Lg-R1SkGjlNzSOG1-AEABXqaJvAKrinD4Q==) * [Masks and Face Coverings Help Stop the Spread of COVID](http://r20.rs6.net/tn.jsp?f=0018d7IBNhsGpwA4kjMSb6-730eKZb9cKxo9zE-F-Z1leaRYcQtcEfAAC01TpcenreM2_UHKKHZQdLtkZEEwJn13UbG3Z_E1c3FrqK38oVLErJcDC1NRBPQSG2fao1IEJMpdRXAkse-4orcDx0H7lwI1HAwgQq2xghnyZMHKUuo_mjRwzS3tdtS98tZ0uXxXtmeM2jLbGBJ86UrwY_HH4py3cWr2DmloqJeZSsPetnby20IxYMxeArWL0xYSoCCwV0wwx_dpYE9ZvysuHyjyi2mVSdEtfLG2-IlvQT3c0hqYZ-ngV0Q7XHdCxP9AfcdxDSwCQYkGffIvtc=&c=a_lWWu9vSh35WXObeT7GWV0ZTVN3c1RNglYNFLs6nPW4tTLL2n_VZQ==&ch=x37v3TbeR0yU9CiicQS4Lg-R1SkGjlNzSOG1-AEABXqaJvAKrinD4Q==) * [LGBTQ+2S Resilience During the COVID Pandemic](http://r20.rs6.net/tn.jsp?f=0018d7IBNhsGpwA4kjMSb6-730eKZb9cKxo9zE-F-Z1leaRYcQtcEfAAC01TpcenreM8Yw7Gj13IvZey-6fZxNoKUeWfXXiZUvFuSfmKt2RuJrSBMEW8FXYUgNtCNL2g6NdgWTEcbmuTWHBmqtUcIJUQPSsXML0jJE9joB3BQQ3MQBUgGm4sEPflNWwze-3Ge6Oy4wPoBcU6eG9iXARHMG0wynkZjX7rtJI0DnvRdMcvB4KefCIUGnF2LuL4lq7BwWmfqrXTeGYO3s1rFAE_rvCn9Imwjy7M1Hqu7YR63Wuc_NmHIyHE1Y4ZElYQ-t5m3lm&c=a_lWWu9vSh35WXObeT7GWV0ZTVN3c1RNglYNFLs6nPW4tTLL2n_VZQ==&ch=x37v3TbeR0yU9CiicQS4Lg-R1SkGjlNzSOG1-AEABXqaJvAKrinD4Q==) * [COVID Quarantine: What's a Neighbor to Do?](http://r20.rs6.net/tn.jsp?f=0018d7IBNhsGpwA4kjMSb6-730eKZb9cKxo9zE-F-Z1leaRYcQtcEfAAC01TpcenreM-rtTftLnfGGjDkozDoSb7VRDY6cPXxB85CB8bQ47YsNH_z2q74FkGU80Ewm-FynA-w9vp2zghvVDUpsjIhTTtEIRqzKTNi891PrTF2v2gw-X7OkWqT3Lo6BJAqlmBEIxnAQUz47ZT1DiSG96zFS0sFJZKUbp6gEmSXd6tEN1LAcveJdzL0rb8agjzRGY_Ma5DK4H7U7BZ-d3ZYjw5y7rl4vjIjl1TPpndKLil8tfP2OktqohQAAFtA==&c=a_lWWu9vSh35WXObeT7GWV0ZTVN3c1RNglYNFLs6nPW4tTLL2n_VZQ==&ch=x37v3TbeR0yU9CiicQS4Lg-R1SkGjlNzSOG1-AEABXqaJvAKrinD4Q==) * [Eat the Rainbow: Orange Cauliflower, Red Carrots, Purple Broccoli, and More](http://r20.rs6.net/tn.jsp?f=0018d7IBNhsGpwA4kjMSb6-730eKZb9cKxo9zE-F-Z1leaRYcQtcEfAAC01TpcenreMXwo3GpVSYYGNTXaSc-e68PBwM31j02qegLoRZfq9s-Wy5fU2thQSA-uAMyzFNzsmhuldTa9LbWf878m8iWme1KS4s4yvohADxyS3Fy2BzjRo1vAZcmlAA90EoWTMPYOdwlsMtjcOFEtBnVtJFXNCWzk1HqWdd2zUq1YsBWW8P_dTD0ZYN4qd2sU_E8fwHR2XEp9XZFKNORA_gqOV3XCes-RDpeBLKieMo4TGzKUx6KeiWBzH79p-EWPF0Jc2n1SWhAhRbH332zQX8iybIcVtsTvDY_LfI-cD&c=a_lWWu9vSh35WXObeT7GWV0ZTVN3c1RNglYNFLs6nPW4tTLL2n_VZQ==&ch=x37v3TbeR0yU9CiicQS4Lg-R1SkGjlNzSOG1-AEABXqaJvAKrinD4Q==) * [Summer Reading in the Time of COVID-19](http://r20.rs6.net/tn.jsp?f=0018d7IBNhsGpwA4kjMSb6-730eKZb9cKxo9zE-F-Z1leaRYcQtcEfAAC01TpcenreMBs5EuWGl31SBC2yJHqMcnlWUJo1oErcoKV9SZmIBdHW34W3ntWFaC9eePXia067S-u3RnlCi05CvjcgQNRWH2ft7Zez5EWfC-hoGZv-upzYz2pQooDl_43lB9LBYvPMRhL-hWdyGgSoFycooHYhUtKa-j8dLYrfVH8j3qSwxuhJB-sPLjN8AfvZyEG5fyjHpDh67xHQ79lkX35NwH57O3HpvRPgaThHIyqt8Yiz_vSK4vLTCQaqi2w==&c=a_lWWu9vSh35WXObeT7GWV0ZTVN3c1RNglYNFLs6nPW4tTLL2n_VZQ==&ch=x37v3TbeR0yU9CiicQS4Lg-R1SkGjlNzSOG1-AEABXqaJvAKrinD4Q==) |  |  | | --- | |  |  |  | | --- | | Please encourage friends, family, and neighbors to [subscribe](https://visitor.r20.constantcontact.com/manage/optin?v=001SXjH9_45WOHIdCXBbgYNRVuSwhyVyXsbRJnXjjype8tMmvjHBRwK93RVSriIQnLIFyhpMwwnPZd7CVfG5wqD0en81HbBa7KXvcW4hordOIFbqKLTs-xfn8n6pQHmY5h1ytorLU0Q8q4ud2jzoFV-e8VJw1PsixjKAPx_Je9pyjAY09kaibYYqA%3D%3D) to AgeWise. It's free!    Have aging or disability issues? Call Community Living Connections (toll-free) at 1-844-348-5464 or visit  [CommunityLivingConnections.org](http://r20.rs6.net/tn.jsp?f=0018d7IBNhsGpwA4kjMSb6-730eKZb9cKxo9zE-F-Z1leaRYcQtcEfAAFlhfbFRerH1GRZFUv2gai6ltf2xT53Es7IGyo42OttW-2ucMSvKQ6PNisYX2xVCVj_o4Ry9nN4MxcXuoX3fufKn3jSnPFl0hj-SrSOMUWvWdUwN7XQ0lADeq0BUny8Vps0LVAlM-Oz0aglR3zg8MxY=&c=a_lWWu9vSh35WXObeT7GWV0ZTVN3c1RNglYNFLs6nPW4tTLL2n_VZQ==&ch=x37v3TbeR0yU9CiicQS4Lg-R1SkGjlNzSOG1-AEABXqaJvAKrinD4Q==) for information, assistance, and referrals. This professional, confidential service is provided free of charge by Aging and Disability Services--the Area Agency on Aging for Seattle & King County.    Ava Frisinger, Chair  [Seattle-King County Advisory Council on Aging and Disability Services](http://r20.rs6.net/tn.jsp?f=0018d7IBNhsGpwA4kjMSb6-730eKZb9cKxo9zE-F-Z1leaRYcQtcEfAAKVxa-n-4Et49upO6utoVGr9CQ-aws3B2eXc26CSkvXoqxR1Q9XiUA4c4cv7EuTg0YYoilnW1pfUh6L4dfCyNTmk5VVaFQ1zywteA4_ddeCdribssXN6F80iE3fM0iMOMtgotLwcNs-kTBtWDJDmx8PDAluS6-cL20bFTN3fn9KR&c=a_lWWu9vSh35WXObeT7GWV0ZTVN3c1RNglYNFLs6nPW4tTLL2n_VZQ==&ch=x37v3TbeR0yU9CiicQS4Lg-R1SkGjlNzSOG1-AEABXqaJvAKrinD4Q==) |  |  | | --- | |  |  |  | | --- | | [SUBSCRIBE FOR FREE](http://visitor.r20.constantcontact.com/manage/optin?v=001SXjH9_45WOHIdCXBbgYNRVuSwhyVyXsbRJnXjjype8tMmvjHBRwK93RVSriIQnLIFyhpMwwnPZd7CVfG5wqD0en81HbBa7KXvcW4hordOIFbqKLTs-xfn8n6pQHmY5h1ytorLU0Q8q4ud2jzoFV-e8VJw1PsixjKAPx_Je9pyjAY09kaibYYqA%3D%3D)  |   [MORE ABOUT US](http://r20.rs6.net/tn.jsp?f=0018d7IBNhsGpwA4kjMSb6-730eKZb9cKxo9zE-F-Z1leaRYcQtcEfAAPOw_b8dZNByr6OY8FLpaIcZI9cnF025ysduagiSXKmWZV90c6tRDiHhvVnTJHGbyT_jWYVF6FvfrJHaR_2wBt_FKm6sENSaswmwv9zytEnB-f57dL8C3Bz8DN4ztYKS3DjyD0CsQDKwaysfVffRmMlcO7b5bBZ7-A==&c=a_lWWu9vSh35WXObeT7GWV0ZTVN3c1RNglYNFLs6nPW4tTLL2n_VZQ==&ch=x37v3TbeR0yU9CiicQS4Lg-R1SkGjlNzSOG1-AEABXqaJvAKrinD4Q==) | | | http://img.constantcontact.com/letters/images/spacer.gif | | http://img.constantcontact.com/letters/images/spacer.gif | |  | | | | |  | |

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