

Active, Connected & Making a Difference

AgeWise King County



[March 2022](#)



Living our best lives usually requires keeping active, staying connected, and planning for the future. This issue of AgeWise provides lots of resources!

IN THIS ISSUE:

- [Expanding Access to Death with Dignity](#)
- [The Amazing, Remarkable, Fascinating World of Social Work](#)

- [Data Dashboard Shows How Vaccinated and Boosted People have Weathered the Omicron Surge](#)
- [The Most Fun and Totally Free Day You'll Have This Summer](#)
- [Senior Companions Helen and Erlinda: A Life of Service](#)
- [Get to Know Your Hard-Working Kidneys](#)
- [Managing Pain from Knee Arthritis](#)
- [Who Inspires You to Age with Purpose?](#)
- [Maude's Awards: Seeking Innovation in Alzheimer's Care](#)
- [Caregiver Burnout: Is Your Flame About to Fizzle?](#)
- [Never Too Late to Get Your Ducks in a Row](#)
- [Plan for Home Fire Safety](#)

Please encourage friends, family, and neighbors to [subscribe](#) to AgeWise. It's free!

A reminder that you can get accurate COVID-19 safety and vaccine information from Public Health—Seattle & King County at www.kingcounty.gov/COVID.

Have aging or disability issues? Call Community Living Connections (toll-free) at 1-844-348-5464 or visit CommunityLivingConnections.org for information, assistance, and referrals. This professional, confidential service is provided free of charge by Aging and Disability Services—the Area Agency on Aging for Seattle & King County.

Joe Hailey, Chair
[Seattle-King County Advisory Council on Aging and Disability Services](#)

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