

# TECH LAB AT THE MEMORY HUB

## October Seminar -

*Safety First: Technology options for navigation, falls, and safety at home and on-the-go*

**1-2:30 p.m. Tuesday 10/25**

Join UW Memory and Brain Wellness Center neuropsychologist Dr. Carolyn Parsey to learn about safety gadgets and apps, such as fall detection, wearable GPS, and other location-based devices.

The first hour will be a talk, available in person at the Memory Hub (1021 Columbia St, Seattle) or online by Zoom. During the last half hour, in-person attendees can discuss or troubleshoot tech tools or devices that they bring with them. A free event.

For details, event sign-up, or to book a free tech consult, visit the Tech Lab website:

<https://thememoryhub.org/page/tech-tuesdays>

